

Standardized Field Sobriety Tests Administrative Procedures & Clues



Horizontal Gaze Nystagmus Test – Administrative Procedures

1. Have suspect remove eyeglasses.
2. Verbal Instructions:
 - Put your feet together, hands at the side.
 - Keep head still.
 - Look at the tip of the stimulus.
 - Follow the movement of the stimulus with your eyes only.
 - Do not move your head.
 - Keep looking at the stimulus until told the test is over.
 - Do you understand?
3. Position the stimulus 12-15 inches from suspect's nose, slightly above eye level.
4. Check for equal pupil size and resting nystagmus.
5. Check for Equal Tracking (2 seconds out / 2 seconds back to center)
 - 1 pass per eye (left / right)
6. Check for Lack of Smooth Pursuit (2 seconds out / 2 seconds back to center)
 - 2 passes per eye (left / right / left / right)
7. Check for Distinct and Sustained Nystagmus at Maximum Deviation (minimum 4 second hold)
 - 2 passes per eye (left / right / left / right)
8. Check for Onset of Nystagmus Prior to 45 degrees (minimum 4 seconds to reach 45 degrees)
 - 2 passes per eye (left / right / left / right)
9. Total the clues.
10. Check for Vertical Gaze Nystagmus (minimum 4 second hold)
 - 2 passes (both eyes together)

*Reminder: Always check the suspect's left eye first, checking each eye twice.

Horizontal Gaze Nystagmus Test - Clues

1. Lack of Smooth Pursuit
2. Distinct and Sustained Nystagmus at Maximum Deviation
3. Onset of Nystagmus Prior to 45 degrees

*Reminder: Check for each clue in both eyes. The maximum number of clues is six.

Standardized Field Sobriety Tests Administrative Procedures & Clues



Walk and Turn Test - Administrative Procedures

1. Place your left foot on the line and your right foot in front of your left touching heel-to-toe.
2. Demonstrate heel-to-toe stance.
3. Place arms down at your sides.
4. Demonstrate arms to sides.
5. Maintain this position.
6. Do not start until told to do so.
7. Do you understand so far?
8. Take 9 heel-to-toe steps down the line.
9. Demonstrate a minimum of 3 heel-to-toe steps.
10. Turn, leaving your front foot on the line, taking a series of small steps with your other foot.
11. Demonstrate turn.
12. Take 9 heel-to-toe steps back up the line.
13. Watch your feet.
14. Keep your arms at your sides.
15. Count your steps out loud.
16. Once you start walking do not to stop walking until the test is complete.
17. Do you understand all the instructions?

Walk and Turn Test - Clues

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|-------------------------------|---|
| 1. Cannot maintain balance | 5. Steps off line |
| 2. Starts too soon | 6. Uses arms for balance |
| 3. Stops while walking | 7. Turns improperly / loses balance turning |
| 4. Does not touch heel-to-toe | 8. Wrong number of steps |

One Leg Stand Test - Administrative Procedures

1. Stand with your feet together.
2. Place your arms at your sides.
3. Demonstrate stance.
4. Do not start until told to do so.
5. Do you understand so far?
6. When I tell you to begin, raise one foot approximately six inches off the ground.
7. Demonstrate raising one foot off the ground.
8. Keep your raised foot parallel to the ground.
9. Keep both your legs straight.
10. Keep your arms at your sides.
11. Look at your elevated foot.
12. Count out loud in the following manner: one thousand one, one thousand two, one thousand three, and so on until told to stop.
13. Do you understand all the instructions?

*Reminder: time test for thirty seconds.

One Leg Stand - Clues:

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|----------------------------|------------|
| 1. Puts foot down | 3. Sways |
| 2. Raises arms for balance | 4. Hopping |